The American Laser Study Club Presents

SOS 4 RTOTs

Diagnosing and Treating Restrictive Tethered Oral Tissues

2-Day Hands-On Course in Albany, NY

DATE AND TIME:
July 10-11, 2026
Friday: 8:00AM - 4:30PM
Saturday: 8:00AM - 12:00PM

VENUE:
Hampton Inn *(Albany-Western Ave/University Area)*
1442 Western Avenue
Albany, NY, 12203

CE CREDITS:
12 CEUs

Introduction

This comprehensive 2-day course is designed for pediatric dentists, general dentists, and pediatric medical providers who want to better understand, assess, and diagnose restrictive tethered oral tissues (RTOTs), while serving as part of the infant's interdisciplinary healthcare team. It offers practical, clinically relevant information that participants can apply immediately in practice and is an excellent resource for both current and future laser users.

A surgical laser used for frenectomy procedures must be able to precisely vaporize soft tissue while also providing effective coagulation at the surgical margins. This is especially important in the treatment of lingual, labial, and buccal ties, where precision, visibility, and hemostasis matter. This course focuses on the practical use of laser surgery for RTOTs procedures, along with the fundamentals of laser-tissue interaction. The **hands-on participation lab** is designed to help attendees build safe, efficient technique for frenectomy and related soft-tissue procedures.

Clinical Curriculum

- Identify, assess, and diagnose lingual, buccal, and maxillary tethered oral tissues in infants and toddlers;
- Understand the role of ankyloglossia in the differential diagnosis of sleep-disordered breathing and obstructive sleep apnea in infants and toddlers;
- Recognize that infant air-induced reflux may be misdiagnosed as GERD;
- Select the appropriate laser for RTOT release and revision procedures;
- Understand why anterior and posterior lingual tie are no longer preferred terminology;
- Implement appropriate post-procedure care for the patient and surgical site while minimizing complications

Laser Curriculum

The Laser Surgery and Safety Basic Knowledge Certification Curriculum for this Course has been developed by the American Laser Study Club (ALSC). The ALSC's curriculum overcomes the known limitations of many laser dentistry courses, and includes the detailed physics of soft tissue ablation and coagulation with laser and hot tip (non-laser) devices. Laser hands-on wet lab on tissue samples will include laser safety instructions, frenectomy simulations and other surgical laser procedure demonstrations. Laser instructions will be assisted by the guest speaker Peter Vitruk, PhD, MInstP, a laser physicist who founded the American Laser Study Club and LightScalpel Inc.

Hands-On Participation Session

2 HOURS

- Laser Safety
- Laser Surgical Technique Simulations
- Superficial Ablation
- Shallow Incisions
- Deep Incisions
- Practicing Surgical Techniques on a Pig Jaw

Course Certificates

Course participants, who successfully complete examination, will be awarded a **LASER SAFETY basic knowledge CERTIFICATE** from the Board of Laser Safety of the Laser Institute of America (DISCOUNTED cost for the ALSC members), as well as a Laser Dentistry and Laser Surgery Basic Knowledge and Hands-On participation Wet Lab **CERTIFICATE** from the American Laser Study Club (**FREE** for the course participants).

Tuition (USD)

Doctors: $1,500
Non-Doctors: $1,100
ALSC Members: $50 OFF*
LightScalpel Users: $50 OFF*

Registration

alsc.club/july2026

Meet the Instructor

Lawrence Kotlow, DDS

I am a native Albanian, born and educated in Albany, NY. I graduated from Albany High School, attended the Albany College of Pharmacy, and received an early admission to the SUNY Buffalo School of Dentistry. I completed a two-year residency in the specialty of pediatric dentistry at the Children's Hospital in Cincinnati, Ohio. I returned to Albany after my training and have been treating children in the Capital District since 1974. I completed board certification in the specialty of pediatric dentistry from the American Board of Pediatric Dentistry in 1980. My philosophy is to provide my patients with the most up-to-date oral care using the latest and best materials and technology available in as pleasant and caring an environment as possible. My dedicated staff has assisted me in meeting my goals. Many of my staff members have been with my practice for more than 30 years. They are a knowledgeable, well-trained, and professional group of dedicated healthcare providers.

Complete instructor biographies can be found at **alsc.club/instructors**

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**Information, terms, and conditions in this communication are subject to change without prior notice. The American Laser Study Club reserves the right to change the course's location, date and time, material; and cancel the course. Registered attendees will be notified within a reasonable window of time about any major changes to the course. If a course is canceled, registrants will be notified, via email, two weeks before the course date, at which time a full refund will be issued. Requested refunds will incur a 20% processing fee. No cancelations within 2-weeks of the course date.*