



# TOTS: Tethered Oral Tissues Specialty Training

Washington DC  
(Springfield, Virginia)



**WHEN:** Friday & Saturday  
April 17-18, 2020  
7:30 AM – 4:30 PM

**WHERE:** 7001 Loisdale Road A  
Springfield, Virginia 22150

## Meet the Instructor:



**Autumn R. Henning**  
MS, CCC-SLP, COM®, IBCLC

Autumn R. Henning graduated from the University of Kentucky with a Master's Degree in Communication Disorders. She is currently appointed and in good standing as an Assistant Professor within the voluntary faculty series in the Department of Communication Sciences & Disorders at the University of Kentucky College of Health Sciences. She was a Founding Board Member for the International Consortium for Oral Ankylofrenula Professionals (ICAP). Autumn is a member of the American Academy of Private Practice in Speech Pathology and Audiology (AAPPSA).

Autumn has experience working in the school system, early intervention, an ABA center and outpatient clinics including a nationally award-winning intensive feeding program. Autumn specializes in orofacial function and development throughout the lifespan. She serves pediatric patients through Advanced Institute for Development and Learning (AID-L). Autumn is Founder of Chrysalis Orofacial, which functions to serve adult patients and provide continuing education to colleagues globally.

## Guest Speakers:



**Peter Vitruk**  
PhD, MInstP, CPhys



**Local Pediatric Dentist**

## Course Description:

In this cutting edge continuing education course, participants will learn the E3 model of care for tethered oral tissues. This includes relevant background information on how tethered oral tissues affect oral function from birth to maturity. The course format includes lecture, video/ photograph examples, case studies, pre and post assessment activities, demonstrations, and hands-on application of techniques in an interactive atmosphere where questions and discussion are welcomed. This course is a specialty training that is targeted for the oral function professional including Speech-Language Pathologists and Assistants, Occupational Therapists and Assistants, Orofacial Myofunctional Therapists, and Lactation Consultants and Counselors. However, this training is appropriate for other professionals including Pediatricians, Physician Assistants, Nurse Practitioners, Nurses, Dental Hygienists, Dentists and Assistants, Dietitians, Physical Therapists and Assistants, Early Intervention Specialists, Osteopaths, Otolaryngologists, Chiropractors, Applied Behavior Analysts, and Psychologists to learn about tethered oral tissues and make appropriate referrals. Participants who complete the training in its entirety with optional listing on the Chrysalis Feeding website as a "TOTS: Tethered Oral Tissues Specialty Trained" professional. Participants who complete the training in its entirety will be granted permission to use and display "TOTS: Tethered Oral Tissues Specialty Training" logo, as a designation to the public of their completion of the training.

## Learning Objectives:

By the end of this course, participants will be able to:

- Describe normal anatomy, physiology, and developmental milestones for optimal oral function;
- Cite current research regarding tethered oral tissues and correlated conditions;
- Dispel myths regarding tethered oral tissues;
- Define various tethered oral tissues;
- List signs/symptoms of tethered oral tissues and correlated conditions;
- Evaluate for presence and impact tethered oral tissues have on oral function, including proper oral exam and report writing;
- Educate and communicate with patients, family, and other medical professionals regarding identification and treatment of tethered oral tissues, including educational tools and resources; and
- Execute a treatment plan for optimizing oral function in the presence of tethered oral tissues, including active wound management and specific treatment techniques.

## BONUS - Lunch and Learn Laser Frenectomy Lectures

1) Laser Surgery and Safety Basic Knowledge Lecture for this course has been developed by the American Laser Study Club (ALSC). The ALSC's curriculum overcomes the known limitations of many laser dentistry courses, and includes the detailed physics of soft tissue ablation and coagulation with laser and hot tip (non-laser) devices. [Laser Frenectomy Surgery Foundations and Basics Lecture](#) will be delivered by a guest speaker Peter Vitruk, PhD, MInstP, CPhys, a laser physicist who founded the American Laser Study Club and LightScalpel LLC. 2) Lecture on Laser Frenectomy Case Studies (and Integrating Laser Frenectomy into multi-specialty Team addressing TOTS) will be presented by a local pediatric dentist, a LightScalpel laser frenectomy provider in Virginia.

## Tuition and Registration:

[www.chrysalisorofacial.com/schedule](http://www.chrysalisorofacial.com/schedule)