# Multidisciplinary Approach to Frenectomy:
## Developing a team, understanding roles, and improving outcomes across a lifespan

**WHEN:** Thursday, May 9, 2019
5:30 PM - 9:00 PM

**WHERE:** Radisson Hotel El Paso Airport
1770 Airway Boulevard
El Paso, TX 79925

American Laser STUDY CLUB & Star Kids pediatric dentistry

Proudly endorse this educational program

## Event Organizers:

## Meet the Instructor:

### Dr. Cara Riek

DNP, RN, FNP-BC, IBCLC, Dipl. ABLS

Dr. Cara Riek graduated from Arizona State University with Doctor of Nursing Practice degree. She is a board certified Family Nurse Practitioner in addition to having her IBCLC certification. Dr. Cara is also a diplomate of the American Board of Laser Surgery, specializing in "Oral Surgery in Infants, Toddler, and Adults." Dr. Cara very much enjoys helping families to reach their breastfeeding goals.

## Tuition:

This event is FREE

## Registration

alsc.club/tx-course

"It is our pleasure to introduce Dr. Cara Riek, DNP, RN, FNP-BC, IBCLC, Diplomate, American Board of Laser Surgery, with her powerful new course designed for pediatric dentists, medical professionals, SLP, IBCLC, OT, Pediatricians, PT, and Feeding specialists."

## Introduction :

As many as 5 percent of all babies born in the US have tongue-ties significant enough to cause breastfeeding difficulties. Affected babies often fail to thrive and can be erroneously labeled as "lazy nursers" or "stubborn feeders". Untreated tongue-ties may cause malocclusion, prognathism, mouth breathing and other issues later in life. Enhance your understanding of the issues of pediatric laser surgery to treat tongue-ties and lip-ties across all ages.

## Course Description:

The goal of a frenectomy is to establish life long patterns for eating, breathing and speech. In infants, we aim to establish a rhythmic suck-swallow-breathe pattern to help with proper feeding from both bottle and breast. In children and adults, the goal is to develop proper speech patterns and tongue movement, maintain a patent airway to prevent sleep apnea, as well as proper jaw function to avoid TMJ issues. During this course, the attendee will learn:

- Oral anatomy and physiology from infant to adult;
- How ties impact airway, feeding, speech, and biological function of the jaw;
- Examining key players and their role in infant, child, and adult frenectomy care; and
- Reliable diagnostic screening criteria for infants through adults.

In addition, attendees will :

- Get familiarized with evidence-based research on releasing TOTs across a life span.

## Agenda:

**5:30 PM:** Refreshments and hors d'oeuvres
**6:00 PM:** Welcome
**6:10 PM:** Pediatric dental cases panel presentation Star Kids Pediatric Dentistry
**6:30 PM:** Introduce keynote speaker Dr. Cara Riek
**8:30 PM:** Q and A session